

Personal, Social and Health Education

Using the Kapow PSHE Scheme *My healthy self: How we can look after our emotions* we will:

- Name and recognise emotions.
- Describe how emotions can change and vary in strength.
- Identify things that make us feel calm, excited, upset or worried.
- Identify trusted adults that we can talk to.

Maths

As Mathematicians we will be:

- Developing our knowledge and understanding of place value to 10.
- Practising counting forwards and backwards to 100.
- Learning to form numbers to 10 correctly.
- Developing our addition and subtraction skills.
- Exploring concrete, pictorial and abstract methods to represent numbers.

Music

As musicians we will:

- Listen to music with concentration and understanding.
- Find and march in time to the pulse of the music.
- Clap rhythms and know that the rhythm is different to the pulse.
- Play instrumental parts accurately and in time.
- Improvise in the lessons and in performance.

Art

In Art this term we will be learning to:

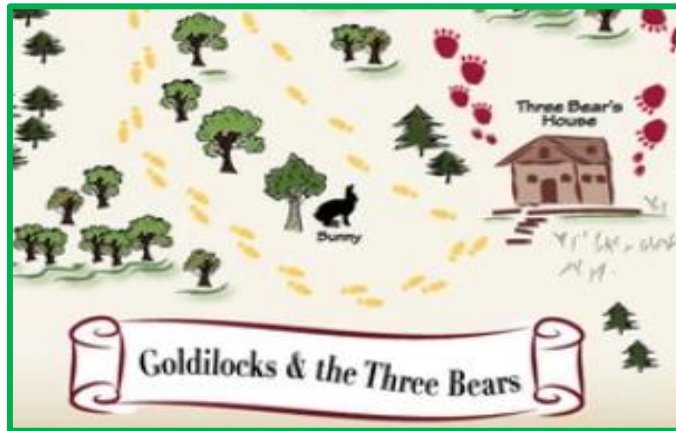
- Create different types of lines.
- Explore line and mark making.
- Draw with different media
- Apply an understanding of drawing materials and mark making to draw from observation.

Sport and PE

Year 1 will be taught PE on a **Monday** and a **Thursday**. Our P.E themes for this half term are **Fitness** and **Ball Skills**.

We will be developing skills such as:

- Collaboration.
- Turn taking.
- Hand-eye coordination.
- Endurance and determination.



How will Goldilocks make her way home?

Year 1 Autumn 1

Literacy

Our focus in Literacy this half term is 'Traditional Tales'. We will be:

- Listening to and learning stories (talk for writing)
- Asking and answering questions about the stories, main events and characters.
- Writing simple sentences to tell a narrative.
- Using a full stop at the end of a sentence and begin to use a capital letter at the start of a sentence.
- Beginning to use the grammar vocabulary 'adjective'.
- Leaving finger spaces in between words and forming lower case letters correctly.
- Using phonics and Red Words in reading and writing.

Science

As Scientists we will be learning to:

- Naming the five senses.
- Identify which part of the body is used for each sense.
- Name and identify parts of the human body.
- Ask simple questions and recognising that they can be answered in different ways
- Use simple equipment to perform tests.
- Make simple predictions.

Computing

This half term we will be learning:

- How to switch on computers and login safely.
- The importance of logging out.
- How to keep safe online.
- About technology in the world around us.

RE

Our Big Question this half term is "**Why do most Christians call God "Creator"?**" We will be:

- Exploring the biblical story of creation.
- Learning about God's character through creation and God's purpose for his creation.
- Exploring God's view of creation in the Psalms e.g. Psalm 8 focusing on the beauty and purpose of God's creation including the beauty of the physical world and the role of mankind looking after it.

Geography

In Geography we will be learning to:

- Recognise a plan, a map and symbols used to identify man made and natural features
- Use directional language to describe the location of features and routes on a map.
- Interpret aerial photographs.
- Use a floor plan of our school to navigate.

What you can do at home:

Please continue to read the school readers **daily** and as many of your own books as possible.

Autumn 1 - 2026